

## UNIT 4: TAKE IT EASY! (4 Periods)

- STARTER:** 1. What year is it? What month is it? What day is it today?  
2. Say the days of the week. Which days are the weekend?

### GRAMMAR SPOT:

**Present simple: I/ you/ we/ they.**

- Ex: We never go out on Saturday evenings.  
I love playing badminton.  
They don't work at the weekend.  
I don't visit my friends on Monday.  
Do you like your work?

Form:

(+) Positive	<b>S + V (inf) + ...</b>
(-) Negative	<b>S + don't + V(inf) + ...</b>
(?) Question and answer	<b>Do + S + V(inf) + ...?</b> Yes, S + do. No, S + don't.

### Adverbs of frequency:

- Some adverbs of frequency are used in the present simple:

**0%** **50%** **100%**  
*Never* *sometimes* *often* *usually* *always*

- These adverbs usually come before the main verb.

She *never* eats meat.

I *usually* go to bed at about 11.00.

We *sometimes* play tennis on Saturdays.

- *Sometimes* and *usually* can also come at the beginning or the end of a sentence.

*Usually* I walk to school. ( I walk to school *usually*.)

*Sometimes* we play card. (We play card *sometimes*.)

- *Never* and *always* can't come at the beginning or the end of a sentence.

I go to the theatre. (Not: *Never* I go to the theatre.)

I have tea in the morning. (Not: *Always* I have tea in the morning.)

## **WEEKDAYS AND WEEKENDS: (page 28)**

### **1. T 4.1. Listen and read about Ceri Bevan.**

What's her job?

What does she do at weekends?

### **2. Complete the text with the verbs in the box.**

Answers: 1. is          2. lives          3. works          4. doesn't relax  
5. plays          6. trains          7. plays          8. has          9. loves

### **3. Close your books and listen to Ceri.**

Answers: - Does she have a busy life? Yes, she does.  
- Give examples: she goes running, goes to the swimming pool, goes to the gym, visits her sister, ...

### **4. Complete the text with the correct form of the verbs in the box. Look up new words in your dictionary.**

**Listen again and check. Read the text aloud.**

Answers: 1. like          2. love          3. go running          4. go  
5. get up          6. go          7. train          8. relax  
9. visit          10. lives          11. cook          12. love  
13. watch          14. go out          15. play          16. want

## **Questions and negatives: (page 29)**

### **5. Read and listen. Complete Bobbi's answers. Practise the questions and answers.**

Where do you work? \_\_\_\_\_ Cardiff.  
 Do you like your work? Yes, I \_\_\_\_\_.  
 Do you relax at weekends? No, I \_\_\_\_\_.  
 Why don't you relax at weekends? \_\_\_\_\_ I play rugby.

**Role-play: (page 29)**

**6. Work with a partner. One of you is Ceri. Ask and answer questions about your life.**

Where do you live/ work? I work in...

Are you married? Yes/ No...

What is your job? I'm a/an...

Do like your job? Yes/ No...

Why do you like it? Because I ...

**PRACTICE: (page 30)**

**Talking about you**

**1. Make questions. Then match the questions and answers.**

**T 4.4. Listen and check.**

Questions		Answers
1	What time do you like your job?	a My mother and sisters.
2	Where do you travel to school?	b To Spain or Portugal.
3	What do you go on holiday?	c After dinner.
4	When do you go to bed?	d I always relax.
5	Who you go out on Friday evenings?	e At 11 o'clock.
6	Why do you live with?	f Because it's interesting.
7	How do you do on Sundays?	g By bus.
8	Do do you do your homework?	h Yes, I do sometimes.

ANSWER:

- 1d. What time do you go to bed? At 11 o'clock.
- 2b. Where do you go on holiday? To Spain or Portugal.
- 3e. What do you do on Sundays? I always relax
- 4c. When do you do your homework? After dinner.
- 5a. Who do you live with? My mother and sisters.
- 6f. Why do you like your job? Because it's interesting.

- 7g. How do you travel to school? By bus.  
8h. Do you go out on Friday evenings? Yes, I do sometimes.

**2. Ask and answer the questions with a partner. Give true answers.**

A: What time do you go to bed, Minh?

B: I go to bed at 11 o'clock.

A: Where do you go on holiday?

B: I go to Vungtau beach.

A. What do you do on Sundays?

B: I go to the supermarket.

**3. Tell the class about you and your partner.**

Kim goes to bed at 11.00. I go to bed at 10.00 on weekdays but at half past eleven at weekends.

I live with my parents and my grandmother.  
Kim lives with her parents, too.

I get up at 7.00. Ann gets up at 8.00 on weekdays but at 10.00 at weekends.

I live with my husband. Maria lives with her parents.

**Listening and pronunciation: (page 30)**

**4. T 4.5. Tick (✓) the sentences you hear.**

Answers: 1.b 2.b 3.a 4.b 5.a 6.b

**Positives and negatives: (page 30)**

**5. Make the sentences opposite.**

- Answers:
- |                               |   |                     |
|-------------------------------|---|---------------------|
| 1. She's French.              | → | She isn't French.   |
| 2. I don't like cooking.      | → | I like cooking.     |
| 3. She doesn't speak English. | → | She speaks English. |

**VOCABULARY AND SPEAKING: (page 30)**

**Leisure activities**

**1. Match the words and photos.**

Answers: photo A – go running  
photo B – skiing  
photo C – cooking  
photo D – playing computer games

**2. Discuss in group what you think your teacher likes doing. Choose *five* activities.**

I think he/ she likes cooking.

No, I think he/ she likes eating in restaurants.

Ask your teacher questions to find out who is correct.

Do you like cooking?

Do you like eating in restaurants?

**3. Tell the other students What do you *like* doing and What you don't like doing from the list.**

- playing football
- dancing
- skiing
- watching TV
- going to the gym
- taking photographs
- cooking
- playing computer games
- sailing
- listening to music
- swimming
- reading
- eating in restaurants
- going to the cinema
- going running
- sunbathing

Ex: I like playing football.

I don't like dancing.

**4. Tell the other students things you like doing which are *not* on the list.**

Ex: I like playing badminton.

I like singing.

I like speaking English with foreigners.

**READING AND LISTENING: (page 32)**

**My favourite season**

**1. Seasons and months of the year.**

Answers: 1. What season is it now? It's spring.

What are the seasons? They are spring, summer, autumn and winter.

2. What month is it now? It's January.

Say the months of the year: January, February, March, April, May, June, July, August, September, October, November and December.

3. When are the different seasons in your country?

**2. Look at the photos.**

- Which season is it? It's summer.

- What colours do you see? They are red, blue, black and white.

**3. T 4.6. Read and listen to three people from different countries.**

**4. Answer the questions.**

Answers:

1. What sports do they play?

- Daniella plays water sports such as surfing waterskiing; Sumalee dances and Axel goes skiing.

2. Do Daniella and Axel like skiing?

- No. Only Axel likes skiing. (Only Axel does.)

3. Where do Daniella and her family eat in summer?

- They eat in the garden.

4. Where does Sumalee live?

- Sumalee lives in Chiang Mai in the north of Thailand.

5. Which season does Sumalee like best?

- She likes the cool season.

6. What do Sumalee and her friends do in February?

- They sing and dance.

7. Does Daniella like sunbathing?

- No, she doesn't.

8. Why does Axel like spring?

- Because it's the best time to go skiing.

9. Where do Daniella's cousins live?

- Daniella's cousins (They) live in England.

10. Which months are winter months in the three countries?

- The winter months in Australia are from July to August.- The winter months in Thailand are from November to February.- The winter months in Norway are from December to February.

**There are six mistakes about Daniella, Sumalee, and Axel. Correct them.**

Answers:

- Daniella comes from Australia. In summer she goes surfing and waterskiing. She loves the beach and she doesn't like sunbathing.
- Sumalee comes from the north of Thailand. Her favourite season is 'winter'
- Axel likes spring best..... and he can ski very fast.

**5. T 4.7. Listen to the conversations.**

- Is it Daniella, Sumalee, or Axel?
- Where are they?
- How do you know?
- Discuss with a partner.

**What do you think? (page 32)**

Answers:

- What is your favourite season? Why?  
I like spring. Because it's very cool and I have Tet holiday.
- What do you do in the different seasons?  
In spring I like playing football. In summer I like running at the beach.  
In autumn I like travelling. In winter I like staying at home and watching TV.

**SONG:** Colors – Teacher books p139.

**WRITING:** Informal letters p115.

**SPEAKING: (page 34)**

**Do you have a healthy lifestyle?**

**1. Read and complete the questionnaire about you. Write (X) or (√), then look at the answer key. Are you healthy?**

## Do **you** have a healthy lifestyle?

Do you ... ?	Me	T	S1	S2
<b>A</b> go to bed early on weekdays	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>B</b> have breakfast every morning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>C</b> drink mineral water	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>D</b> walk to school/work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>E</b> play a sport	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>F</b> smoke	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>G</b> drink alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>H</b> like fast food	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>I</b> watch TV a lot	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>J</b> play computer games	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

  

**KEY**

A B C D E	✓ = 1 point x = 0 point	7-10 points Very good! 4-6 points OK 0-3 points Oh dear!
F G H I J	x = 1 point ✓ = 0 point	

**2. Ask your teacher the questions, then ask two students. Complete the questionnaire about them.**

Answers:

- Do you smoke? Yes, I do.
- Do you like fast food? No, I don't.
- Do you like playing football? Yes, I like it a lot.

**3. Compare with the class. Who is healthy in the class?**

**Writing: (page 34)**

**4. Use the information in the questionnaire. Write about you and a partner.**

Ex: I don't go to bed early on weekdays, but Hieu does. We eat bread for our breakfast, ...

**EVERYDAY ENGLISH: (page 35)**

**Social expressions.**

**1. Complete the conversations with the expressions.**

**T 4.8. Listen and check.**

- Answers:
1. A: I'm sorry I'm late. The traffic is bad today.  
B: Don't worry. Come and sit down. We're on page 25.
  2. A: Excuse me.  
B: Yes?  
A: Do you have a dictionary?  
B: I'm sorry, I don't. It's at home.  
A: It doesn't matter.

**2. Practise the conversations with a partner.**